

EDITING 6 (PRIMARY)

Below is a story taken from BBC Newsbeat about how eating fruit and veg can make children happier. Can you spot all eight mistakes? The mistakes can be spelling, grammar or punctuation. Use your editing skills to hunt them out. Once you find them mark them with your red pen.

The adults in you life might have told you that fruit and veg helps healthy bodies, but a new study says it's also good for your mental health to.

That's according to research by the University of East Anglia which suggests that childrens who eat five or more portions of fruit and vegetables per day have the highest scores for mental wellbeing. The highest results were found in secondary school children.

"We know that poor mental wellbeing is a major issue for young people, said lead researcher, Profeser Ailsa Welch.

"Until now, not much has been known about wether nutrition plays part in children's emotional wellbeing"

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